



The Annual National Championships 2016

for: High School
Sports Medicine Students

Presented and Endorsed by:

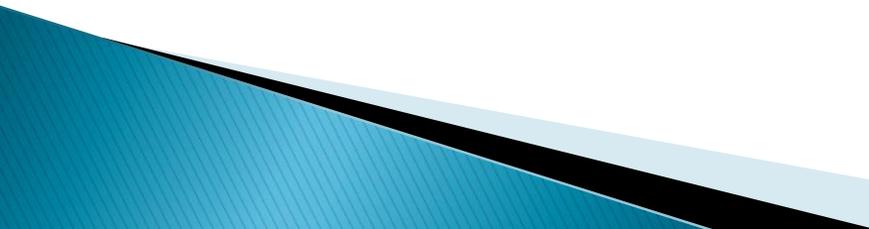
AACI



Mission Statement

To celebrate the high school student's knowledge of Sports Medicine/Athletic Training through a mentally challenging event.

How we started

- ▶ While researching the creation of a national championship, the AACI-H.C.LLC was amazed to discover the cost of some competitions.
 - ▶ Costs were found to routinely exceed \$2,000 per participant to compete (competition fees+ travel expenses)
 - ▶ With this in mind, the AACI-H.C.LLC set out with a goal to make a more cost effective event!
 - ▶ We use technology to lower costs!
 - ▶ Online testing, Skype and/or Facetime programs, allow us to coordinate the event and keep costs down!
 - ▶ Schools that have competed in a state/regional competition and placed in the top 10 in their division are eligible for the national championships! Students, of schools that did not place in top the top 10 of their divisions; can compete if they placed in top 25 of overall students at the competition they competed in.
 - ▶ We have aligned our event with several respected competitions across the nation and are expecting to increase alignment for the 2012 event!
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ELIGIBILITY

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Competition

- ▶ **Teams:** Teams will consist of no more than 15 no less than 8 students from the school.
 - The Top 8 scores will be utilized to create a “Team Average” for the school competing.
 - If a school competes with only 8 students, the average of those students will be utilized to create the overall team average.
- ▶ **Students:** All students competing on a team, or not participating with a team, will be eligible for individual awards.

Divisions

- ▶ Schools will be separated into one of 3 divisions by the number of registered students of their school.
 - Number will be verified by Competition Officials
- ▶ Large School Division=2000+ Students
- ▶ Medium School Division=1999-1000 Students
- ▶ Small School Division=999-1 students.

Testing

- ▶ Testing: The National Championships Exam will be a 300 question internet based exam administered via computer over a 2 hour block of time on May 16, 17, or 18, 2016.
- ▶ All questions will be in either: True/ False, multiple choice, matching, or identification format.

Questions will come from the following areas of sports medicine

1. First Aid & CPR (new BLS standards)
2. Emergency Procedures
3. Medical Terminology, Body Planes, Directions, appropriate terms etc.
4. Legal Issues – Terminology (i.e. malfeasance, negligence etc.)
5. Physiology
6. Anatomy/Evaluation Techniques for the following locations:
 - Head
 - Face
- ▶ 7. Soap Notes & HIPS format will primarily be used during the appropriate questions.
8. Anatomic Questions, Special Test Questions, ROM questions will consist of major structures or structures that are more commonly seen injured in sports, including nerves, myotomes, dermatomes, cranial nerves, etc.
9. The Video Practical (*Only administered to Top 10 Individual Student Finalists)

Video Practical

- ▶ Within 10 days of taking the written exam, the students with the 10 highest point totals on the exam in each division will be required to take a “Timed” 15 minute practical via FaceTime or Skype.
 - ▶ This video practical will be coordinated via a representative of the AACI and the student's instructor.
 - ▶ The Video Practical Exam will be judged by an ATc, with experience teaching at the high school/collegiate level.
 - ▶ The Video Practical will consist of 5 practical applications, verbally announced to the student & his/her instructor during the video practical.
 - ▶ A list of equipment and supplies needed during the video practical will be made available to the instructor 24 hours prior to the video exam via email.
 - ▶ The Top 10 finalist rankings will be determined by a combination of their Written Exam plus their Video Practical Exam scores.
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Awards

- ▶ **Team Awards:** The top team average in each division will be named “National Champion of the Division” and will receive the National Championship Trophy.
 - The Runner-Up through 5th place will also receive awards stating their schools rankings for the 2012 Championships.
- ▶ **Individual Awards:** The students with the 25 highest point totals in each division will be named “High School All-Americans” for their division.
 - They will receive an award stating their name, division and their “All American Ranking” for the 2016 National Championships.
- ▶ **College Scholarships:** The students with the 3 highest point totals for each division will receive a college scholarship award by the division’s sponsor!

General Information

- ▶ Competition Date: May 16, 17, or 18, 2016
- ▶ Time: TBA (to be assigned by AACI-H.C.LLC Representative and Teacher)
- ▶ Tech Specs: Computers with internet access and 2 proctors
- ▶ Fees:
 - Team- \$600.00 or
 - Individual students \$75.00 (students not competing with a team)
- ▶ Registration Deadline 3:00pm PST May 11th, 2016

- ▶ For further information contact:

- Eli Hallak ATC, EMT
AACI – H.C. LLC
National Competition Director
818-642-7238
Eli.hallak@aacitest.com
- www.aacitest.com

