



American Academic Competition Institute  
2021 National High School  
Sports Medicine Competition

# Presented and Sponsored by:

The American Academic Competition Institute

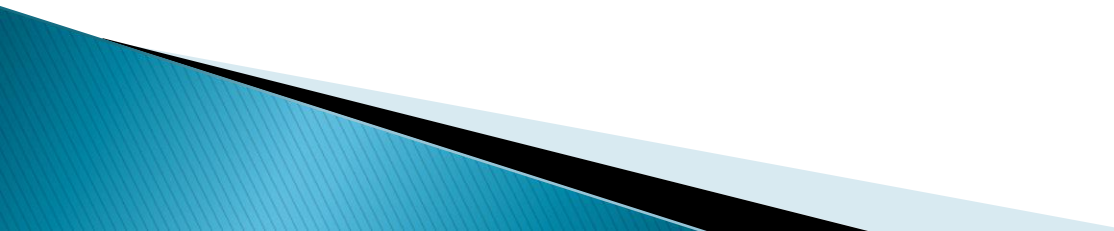


# Mission Statement

To celebrate the high school student's knowledge of Sports Medicine/Athletic Training through a mentally challenging event.



# How we started

- ▶ While researching the creation of a national championship, the AACI, LLC was amazed to discover the cost of some competitions.
  - ▶ Costs were found to routinely exceed \$2,000 per participant to compete (competition fees+ travel expenses)
  - ▶ With this in mind, the AACI set out with a goal to make a more cost effective event!
  - ▶ We use technology to lower costs!
  - ▶ Online testing, along with online video conferencing software, allow us to coordinate the event and keep costs down!
  - ▶ Schools that have competed in a state/regional competition and placed in the top 10 in their division are eligible for the national championships! Students, of schools that did not place in top the top 10 of their divisions; can compete if they placed in top 25 of overall students at the competition they competed in.
  - ▶ We have aligned our event with several respected competitions across the nation and are add events annually!
- 

# ELIGIBILITY

- ▶ **\*Due to the unprecedented times we are in, we are temporarily suspending the following rules:**
  - Schools that have competed in a state/regional competition and placed in the in their division are eligible for the national championships!
  - **Therefore all schools are eligible for the 2021 AACI sports medicine competition.**
  - Students, of schools that did not placed in their divisions; can compete if they placed in top 25 of overall students at the competition they competed in.
  - **Therefore all individual students are eligible for the 2021 AACI sports medicine competition.**

# Competition

- ▶ **Teams:** Teams will consist of no more than 15 no less than 8 students from the school.
  - The Top 8 scores will be utilized to create a "Team Average" for the school competing.
  - If a school competes with only 8 students, the average of those students will be utilized to create the overall team average.
- ▶ **Individual Students:** All students competing on a team, or not participating with a team, will be eligible for individual awards.

# Divisions

- ▶ Schools will be separated into one of 3 divisions by the number of registered students of their school.
  - Number will be verified by Competition Officials
- ▶ Cramer Division=2000+ Students
- ▶ Jaybird & Mais Division=1 999–1 000 Students
- ▶ Henry Schein Division=999–1 students.

# Testing

- ▶ Testing: The National Championships Exam will be a 300 question internet based exam administered via an online device, over a 1.5 hour block of time on May 13, 14, 15, 17, 18, 19, 20, & 21, 2021.

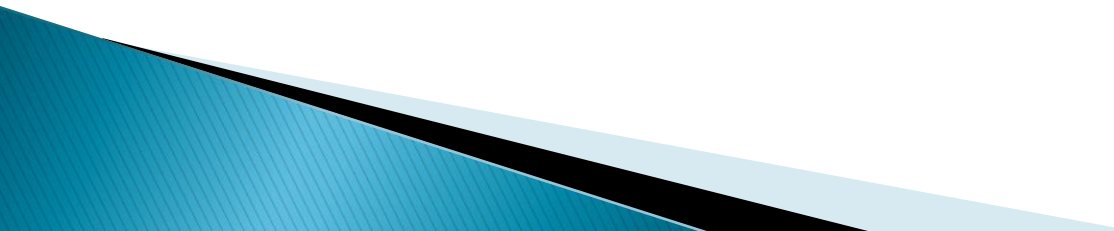
All questions will be in either: True/ False, multiple choice, matching, or identification format.

Questions will come from the following areas of sports medicine  
(Basic Information– Study guide upon registration)

1. CPR
2. Emergency Procedures
3. Medical Terminology, Body Planes, Directions, appropriate terms etc.
4. Legal Issues – Terminology (i.e. malfeasance, negligence etc.)
5. Modalities
6. Physiology
7. Anatomy/Evaluation Techniques for the following locations: Shoulder, Shoulder Girdle, and Upper Arm
8. Soap Notes & HIPS format will primarily be used during the appropriate questions.
9. Anatomic Questions– **Shoulder, Shoulder Girdle, and Upper Arm**
10. The Video Practical (\*Only administered to Top 10 Individual Student Finalists)



# Video Practical

- ▶ Within 10 days of taking the written exam, the individual students with the 10 highest point totals on the exam in each division will be required to take a “Timed” 15 minute practical via FaceTime, Zoom, or Skype.
  - ▶ This video practical will be coordinated via a representative of the AACI and the student's instructor.
  - ▶ The Video Practical Exam will be judged by an ATc, with experience teaching at the high school/collegiate level.
  - ▶ The Video Practical will consist of 5 practical applications, verbally announced to the student & his/her instructor during the video practical.
  - ▶ A list of equipment and supplies needed during the video practical will be made available to the instructor at least 24 hours prior to the video exam via email.
  - ▶ The Top 10 finalist rankings will be determined by a combination of their Written Exam plus their Video Practical Exam scores.
- 

# Awards

- ▶ **Team Awards:** The top team average in each division will be named **“National Champion of the Division”** and will receive the National Championship Trophy.
  - The Runner-Up through 5<sup>th</sup> place will also receive awards stating their schools rankings for the 2021 Championships.
- ▶ **Individual Awards:** The students with the 25 highest point totals in each division will be named **“High School All-Americans”** for their division.
  - They will receive an award stating their name, division and their “All American Ranking” for the 2021 National Championships.
- ▶ **College Scholarships:** The students with the 3 highest point totals for each division will receive a college scholarship award by the division’s sponsor!

# General Information

- ▶ Competition Date: May 13, 14, 15, 17, 18, 19, 20, & 21, 2021
- ▶ Time: TBA (to be assigned by AACI-Representative and Teacher)
- ▶ Tech Specs: Online device with internet access (computer/tablet/ or phone)
- ▶ Fees:
  - Team- \$600.00 or
  - Individual students \$75.00 (students not competing with a team)
- ▶ Registration Deadline 3:00pm PST May 14<sup>th</sup>, 2021
- ▶ For further information contact:
  - Eli Hallak, M.Ed., ATC, EMT  
AACI, LLC  
National Competition Director  
818-642-7238  
[Eli.hallak@aacitest.com](mailto:Eli.hallak@aacitest.com)
  - [www.aacitest.com](http://www.aacitest.com)

